

October 2006

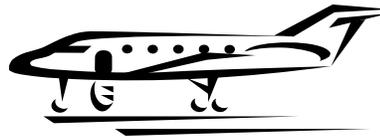


# Ready...Set...*Retire!*

A Quarterly Newsletter for Lycoming County Retirees

## What a Great Start!!!

**O**ur first lunch meeting for the Retiree Group was held on **July 12th** at the Sky View Restaurant in Montoursville with more than



40 people in attendance! We caught up with old friends and met some new ones. We decided when to meet in August and thought that a bus trip to Inner Harbor in September sounded fun. We were off & running!



In **August**, we met aboard the Hiawatha Riverboat. About 35 of us enjoyed a pot-luck buffet and a perfect sun-filled day. We decided to meet every other month and set the date for our next meeting (see below). We are also planning a Holiday Get-together in December (You will receive a postcard in early November with all the details).

Early on Wednesday morning, the 6th of **September**, 44 hardy souls departed Williamsport for a fun-filled day of sightseeing and shopping at Inner Harbor in Baltimore, MD. Shortly after arriving in Baltimore around 11 AM, the group departed on a two-hour luncheon cruise around the harbor. Afterwards, they enjoyed a couple of hours strolling and shopping.



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### Published quarterly

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**NEXT LUNCH MEETING** will be Tuesday, October 17th

at 11:30 AM - Sky View Restaurant in Montoursville

(feel free to order from the menu as soon as you arrive).

# Local Senior Community Centers

Following is a list of the Senior Community Centers in Lycoming and Clinton counties. The Lycoming/Clinton Bi-County Office of Aging, located at 2138 Lincoln Street in Williamsport distributes a schedule of weekly and special monthly events for these centers. Contact your local center or you may contact Joan Blank at 320-8157 for a copy of this list.



## **Faxon-Kenmar Senior Community Center**

HOURS: 8:30-4:00 ph.: 570-327-5490

1301 Clayton Ave./ P.O. Box 3156

Williamsport, PA 17701

Donna Jamison, Center Manager

Email: faxoncenter@stepcorp.org

## **George Meck Senior Community Center**

HOURS: 8:30-4:00 ph.: 546-2542

1 South Main Street

Muncy, PA 17756

Lesley Tebbs, Center Manager

Email: meckcenter@stepcorp.org

## **Jersey Shore Senior Community Center**

HOURS: 8:30-4:00 ph.: 570-398-4352

641 Cemetery Street – Box 52

Jersey Shore, PA 17740

Brenda McDermit, Center Manager

Email: jscenter@stepcorp.org

## **Carter Towers Senior Community Center**

HOURS: 9:00-3:00 ph.: 570-748-9262

11 South Jones Street

Lock Haven, PA 17745

Marcella Hosley, Center Manager

Email: ctcenter@cubkcnnet.org.

## **Lincoln Senior Community Center**

HOURS: 8:30-4:00 ph: 570-327-5483

2138 Lincoln Street/ P.O. Box 3156

Williamsport, PA 17701

Marge Scott, Center Manager

Email: mmscott@stepcorp.org

## **Lock Haven Senior Community Center**

HOURS: 8:30-4:00 ph.: 570-748-2906

352 East Water Street

Lock Haven, PA 17745

Dolly Confer, Center Manager

Email: drconfer@stepcorp.org

## **Maynard St. Senior Community Center**

HOURS: 8:30-4:00 ph.: 570-327-5405

312 Maynard St./ P.O. Box 3156

Williamsport, PA 17701

Tammy Frye, Center Manager

Email: maynardcenter@stepcorp.org

## **Mill Hall Senior Community Center**

HOURS: 8:30-4:00 ph.: 726-6378

9 Peale Avenue

Mill Hall, PA 17751

Linda Pallotto, Center Manager

Email: millhallcenter@stepcorp.org

## **Messiah Senior Community Center**

HOURS: 8:30-4:00 ph.: 327-5489

324 Howard Street/P.O. Box 3156

South Williamsport, PA 17702

Jane Thompson, Center Manager

Email: messiahcenter@stepcorp.org

## **Renovo Senior Community Center**

HOURS: 8:30-4:00 ph.: 923-2525

415 Fourth Street

South Renovo, PA 17764

Loretta Gavlock, Center Manager

# ABBEY TALES

**Submitted by Nancy Stugart**  
(retired from DJ Schriener's office)

I always said when I retired I would get a dog, so that is what I did! She is a yellow Labrador retriever and her name is Abbey.

Abbey is now a year and a half old and she has accomplished more than I ever expected. She has completed basic and advanced obedience training. She passed the American Kennel Club Canine Good Citizen Test and she passed the Therapy Dog Test.

As part of her advanced obedience class she has learned to obey her commands in English, German or by hand signals only. To pass the AKC CGC the handler must be of good character and the dog must be a minimum of one year old, healthy and the dog must complete all the test requirements successfully.

The test requirements are: (1) Accept a Friendly Stranger (the dog must show that it will allow a stranger to approach it and speak and it must not show any sign of resentment or shyness and must not break position), (2) Sit Politely for Petting (showing that it will allow a stranger to touch it while sitting or standing), (3) Appearance and Grooming (the dog must be clean and groomed and show that it will allow being groomed and examined and will permit a stranger to do so), (4) Out For a Walk (the handler must have the dog under control and the dog must walk, left turn, right turn and about turn without straining on the leash), (5) Walking Through a Crowd (the dog must move politely in pedestrian traffic and be under control), (6) Sit and Down on Command/Staying in Place (the dog must sit and down on command and stay in place as the handler walks forward 20 feet), (7) Coming when Called (the dog has to stay and the handler walks 10 feet and the dog must come on command), (8) Reaction to Another Dog (the dog must behave politely with other dogs), (9) Reaction to Distractions (the dog must show that it is confident when faced with common distracting situations and it should not panic, run away or show aggressiveness or bark),



(10) Supervised Separation (the handler has to be out of sight of the dog for 3 minutes and the dog must not whine, bark, pace unnecessarily or show agitation or nervousness), (11) Say Hello (the dog must be willing to visit a person and be accessible for petting).

Any dog that eliminates, growls, snaps, bites or attempts to attack a person or dog must be dismissed from the test.

To be a therapy dog the dog must pass the AKC CGC test and the dog must pass additional testing requirements: (1) Leave It (the dog is offered food and the dog must ignore the food), (2) Acclimation to Infirmities (the dog must demonstrate his confidence when exposed to wheelchairs, walkers, shuffling, coughing, etc.), (3) The dog must be tested on a plain buckle collar (no training collars or corrective devices are permitted).

She recently was in an obedience demonstration at the Pet Expo held at the Pickelner Arena.

She visits nursing centers and has been invited to participate in programs at the James V. Brown Library and the Konkle Library.



# WORD SEARCH

Which township (in Lycoming County) do YOU live in...?

O A R L N O T G N I H S A W E N G E A W  
 N L O Y A L S O C K E S S C O W S N O H  
 S R Y O N D S P F E J A C K S O N O I B  
 S H M I L L C R E E K I E K N A D T A N  
 C T L G D Y M O N R U B P E H W T S N I  
 H E D B N C O I D C U T P E A S T E T A  
 E S U L H O P P O Y E P U R R R L M H W  
 N E G E E M R G E C I Q D C E N U I O O  
 Y C N U M I A T E N S N O S T A W L N E  
 A R U L Y N F G S U N H S T R E F O Y H  
 Y K L M H G C R S M L I R T O D U L R N  
 C E R O M N E C I R R F L E P A H L O B  
 E R U R C I F T U A N A R K W C R T S D  
 T S F E N M N I L F F I M N N S T D E P  
 E N R L E O J G S E C R S U I A B P C N  
 N F R A T C O M S N W F E L I C R U E G  
 M C I N T Y R E W C N I S P D E R F R T  
 E U I D E L D R E D U E S N P E E H T Y  
 A L D Y A N A G A M B L E S C U H L M C  
 C C E L I E N M W D Y D A R B R I U O N

Anthony  
 Brown  
 Cummings  
 Gamble  
 Lewis  
 McHenry  
 MillCreek  
 Nippenose  
 Pine  
 Susquehanna  
 Wolf

Armstrong  
 Cascade  
 Eldred  
 Hepburn  
 Limestone  
 McIntyre  
 Moreland  
 OldLycoming  
 PlunkettsCreek  
 UpperFairfield  
 Woodward

Bastress  
 Clinton  
 Fairfield  
 Jackson  
 Loyalsock  
 McNett  
 Muncy  
 Penn  
 Porter  
 Washington

Brady  
 CoganHouse  
 Franklin  
 Jordan  
 Lycoming  
 Mifflin  
 MuncyCreek  
 Piatt  
 Shrewsbury  
 Watson



## A Note from Robin . . .

**Robin Read** is a practicing attorney with the local law firm McNerney, Page, Vanderlin and Hall and has been one of our County Solicitors since 1996. She will be offering legal advice in her column, "A Note from Robin...." If you have a topic that you would like her to discuss, please let us know.

### FAIRNESS IN DEATH.

How is fairness relevant to death, you ask? I am not talking about fairness in the distribution of your assets. You all know you should have an updated Will wherein you designate your wishes for distribution of your assets, whatever they may be.

No, I am talking about fairness in being prepared to die. No one wants to think about his/her own death. But the old adage --there are no guarantees in life except death and taxes-- is true. And none of us know when we will die. Is it fair that your grieving loved ones will have to search your house, barn, garage, shed, office, and/or safety deposit box and to sort through your personal papers to determine all of your assets, debts and relevant documents necessary to administer your estate? We lawyers help with the administration of estates, and, to the best of our ability, help ease the difficult process. However, it is primarily your loved ones who will have to search for and compile the information and relevant documents necessary to administer your estate.

Is it fair that your loved ones will have to search the bottom drawer in the kitchen for the life insurance policies? Is it fair that your loved ones will have to search the old folder where you kept your appliance warranties for the titles

to your vehicles? Is it fair that your loved ones will have to search the old suitcases in the attic to find your Will? It always amazes me where people store or hide assets or important documents. Some people tuck them away into the most obscure places or disguise them to the point they are unrecognizable. I know a woman administering her father's estate who found little scraps of paper around her father's home with diagrams of trees and X's. She had



no idea what the scraps meant for almost a year after his death. Three weeks before the sale of her father's home she woke up in the middle of the night remembering an off-handed comment her uncle had made to her father ten years previous about "the money he had buried under all those trees." She started digging under the trees and, after piecing the scraps of paper containing the diagrams together, she found 143 old Mason Jars containing about \$14,000 in cash. Thank heavens for her revelation that night!



Although her story ended well, it should not have been that hard for her, the only heir, to identify and find her father's assets. Thus, fairness in death requires some preparation. Being prepared for death is not difficult. It can be as easy as making a list of all assets and debts and leaving it, together with any relevant documents (insurance policies, titles, deeds, pension documents, bank statements, loan account statements, etc) in a fireproof box, safe or fireproof file cabinet. It can be as extravagant as listing all assets, history of the purchase, estimated value and the best way to liquidate the asset. This is especially important if you have antiques or collectibles that have value which a loved one would not recognize.

You need to update your list every six months to ensure it is accurate. You also need to tell someone where the relevant documents can be found. Depending on your trust level, the "someone" to tell may be the Executor named in your Will, a trusted friend, or a family member.

As someone who has assisted grieving loved ones administer estates, and as a grieving loved one who has myself administered estates, I can tell you that it is important to be...

*fair in death.*

# Recipes from the August Potluck Luncheon:

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## *French Glace Blackberry Pie*

~ Submitted by Carol Jones (wife of Harry Jones, retired from Juvenile Probation)

I have improvised slightly on a recipe in my old Betty Crocker Cookbook. The recipe called for a standard pie-crust, but my family likes graham cracker crust. \*Also, I use more blackberries if I have them. It can be done in either a round pie pan, or for a large group, a 9 x 12 pan works well.

**Ingredients:**

- 1 Graham Cracker Crust
- 1 to 1 ½ large packages Cream Cheese
- 1 Quart or more Fresh Blackberries \*
- 1 Cup Water – Divided 2/3 and 1/3
- 1 Cup Sugar
- 3 Tablespoons Cornstarch

**Step 1:** Bake and cool a graham cracker crust

**Step 2:** Spread cream cheese on the cooled crust (Important: make sure cream cheese is very, very soft as it will tear the crust if it isn't)

**Step 3:** Clean berries

**Step 4:** **Glacé:** Simmer 1 cup of berries and 2/3 cup water until berries are soft. Strain to remove the seeds. Return to saucepan. Mix remainder 1/3 cup water with sugar and cornstarch. Add to strained liquid and bring to boil for about 1 minute, stirring constantly. Cool the glaze mixture.

**Step 5:** Spread fresh berries on top of cream cheese. Finish by covering with glaze. Can add some choice berries to top, if desired. Cover and refrigerate until ready to serve. It's delicious as is, or can be served with ice cream, or whipped cream.

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## *Zucchini Bars*

~ Submitted by Gloria Gray (retired from the Prison kitchen)

**Ingredients:**

- 8 cups zucchini, peeled, seeded & chopped
- 2/3 cups lemon juice
- 1 cup sugar
- 1/2 teaspoon nutmeg
- 2 teaspoon cinnamon—divided
- 4 cups flour
- 1 1/2 cups sugar
- 3 sticks margarine or butter

**Step 1:** Cook zucchini in lemon juice for 20 minutes or until tender. Add 1 cup sugar, nutmeg & 1 teas. cinnamon & simmer 1 more minute. Add 1/2 cup crust mixture (see below) to thicken.

**Step 2:** Combine flour, 1 1/2 cups sugar and margarine; mix well.

**Step 3:** Press half of the crust mixture into a 11x16 jelly roll pan or cookie sheet. Bake at 375 degrees for about 10 minutes. Spread filling over baked crust. Add 1 teas. Cinnamon to remaining crust mixture & sprinkle over filling. Return to oven 30—40 minutes.

# HAVE YOU LOST YOUR LID?

After the potluck lunch aboard the Hiawatha, a round crock-pot lid was found. Is it yours? If so, call Alice at 322-6052



## Flood Warning Information on County Website



The Lycoming County Government website [www.lyco.org](http://www.lyco.org) provides information on current rainfall, stream and river levels and historical data of past flooding information. This is located under additional links, on the right side of the page, labeled **Flood Ready** and **Local Weather Information**. Also, if you are interested in helping your community in emergency incidents, review information under **Citizens Corp Council**.

## Want to Rent a Winner?

*Looking for a DVD or video movie rental that is a sure-fire winner? Then check out these recommendations from Scott Knyrim from the Register and Records Office:*

**Double Indemnity** (1944) starring Barbra Stanwyck and Fred MacMurray. A Film Noir classic focusing on a man seduced by a married woman out to improve her lot in life, while her husband loses his. This is a Fred MacMurray many of you have never seen: a cold-blooded man who will do anything for a woman, no matter who gets hurt.

**The Impostors** (1998) starring Stanley Tucci, Oliver Platt and Lili Taylor. A comedy in the 40s slapstick genre with many surprise supporting actors including Steve Buscemi and Toni Shaloub. For the first ten minutes you will wonder, "Why am I watching this? It's not funny." After the bar fight, things move quickly. It has one of the best final punch lines ever.

**Shadow of a Doubt** (1943) starring Teresa Wright and Joseph Cotton. A Hitchcock classic dealing with a loving niece and her favorite Uncle who has a sinister past. An excellent film which will pull you in slowly but surely. Did Uncle Charlie really do what his niece thinks he did. If she does find out, what will he do?

## Evelyn Kreger August Retiree

Evelyn (Ev) Kreger retired from the Domestic Relations Department on Friday August 4 after 21 years of service. Ev



was an intake worker in the DRO for most of her 21 years. Her duties included interviewing clients, preparing and filing child support petitions and handling intrastate and interstate support petitions.

When asked to describe Ev, you will hear only many praises from her coworkers such as dependable, reliable, hardworking, friendly and respectful. Ev is looking forward to spending time with her family and home projects.

# We wish a very HAPPY BIRTHDAY to our friends:

Oct. 2 Janet McManigal  
 Oct. 5 Barbara Koser  
 Oct. 7 Karen Wright  
 Oct. 8 Bernard Steinbacher  
 Oct. 9 Martha Cupp  
 Oct. 9 Richard Saylor  
 Oct. 13 Russell Reitz  
 Oct. 13 Tom Diehl  
 Oct. 13 Cherie Foust  
 Oct. 14 James Stopper  
 Oct. 16 Shirley Ferreri  
 Oct. 16 Doris Sanso  
 Oct. 18 Evelyn Snyder  
 Oct. 24 Jack Freezer  
 Oct. 27 Kathryn Bowman  
 Oct. 30 Patricia Winner

Nov. 1 Eva Miller  
 Nov. 3 Cynthia Moore  
 Nov. 7 Stephen Schopfer  
 Nov. 10 Robert Culver  
 Nov. 12 Kathryn Marquardt  
 Nov. 12 Sylvia Green  
 Nov. 15 Harold Olmstead  
 Nov. 17 Mary Henninger  
 Nov. 17 Robert Stack  
 Nov. 20 Betty Lauver  
 Nov. 28 Alice Bair



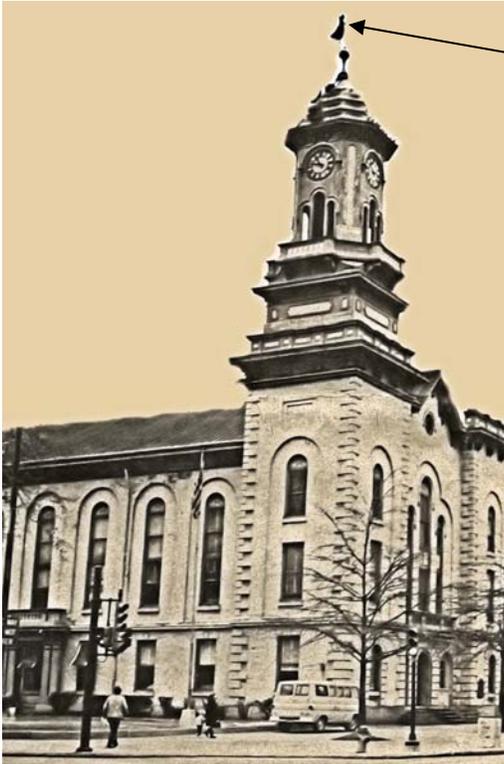
Dec. 3 Michael Cassidy  
 Dec. 4 Helen Baier  
 Dec. 4 Julia Manno  
 Dec. 5 Robert Shearer  
 Dec. 7 Paul Bloom  
 Dec. 7 Thelma Weaver  
 Dec. 8 Helen Harrington  
 Dec. 9 Mary Louise Goehrig  
 Dec. 9 Donna Mathews  
 Dec. 12 Raymond Walters  
 Dec. 21 Beverly Gottschall  
 Dec. 27 Florence Neuhard  
 Dec. 28 Judy Ohnmeiss  
 Dec. 30 Wilma Wilson  
 Dec. 30 Virginia Marchese  
 Dec. 31 Eleanor Westphal



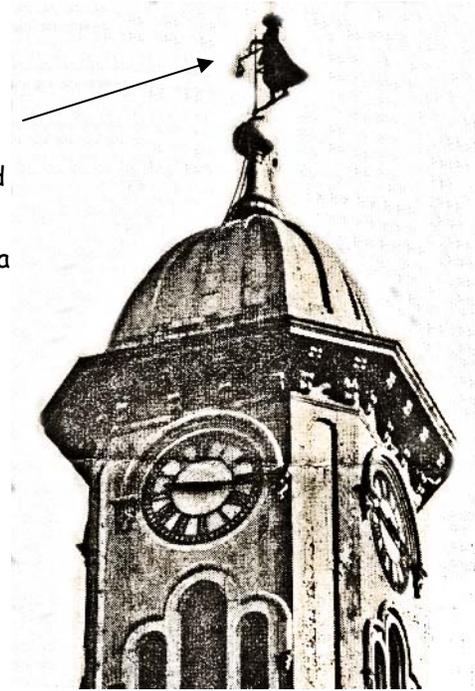
... and congratulations to:

Connie Kelchner was married to Omar Dewald on June 24, 2006. Best wishes to you both!

# Do You Remember...



the weathervane  
which is now located  
on the west side of  
the Courthouse plaza



... the  
old County Courthouse?

Built circa 1860



Demolition was in 1969 to make way for the construction of the  
current courthouse, which opened in 1971.



Mark your calendar!  
Plan to attend the annual  
Lycoming County Employee

# HEALTH FAIR

Friday, Oct. 13th

~ look inside on page 7 for more information ~

TO:



LYCOMING COUNTY  
HUMAN RESOURCES OFFICE  
48 WEST THIRD STREET  
WILLIAMSPORT, PA 17701